

SATA News
September 2008

I hope everyone had a great summer spent with family and friends. For those SATA members involved with summer sports it is always a challenge to not only address the musculoskeletal injuries that may occur but to also be prepared to deal with environmental factors such as extreme heat, rain, and mosquitoes. To them I hope that your summer was free of sunburns, heat exhaustion and the West Nile virus!

Although I write this newsletter in advance of the summer months, I am confident in saying that in August the SATA hosted a successful Soft Tissue Release course in Saskatoon, SK . Thanks to Curt Cummings of Nipawin Athletic Therapy in Nipawin, SK for taking on the job of organizing the course and thanks to Blaine Whyte and Corey Young of Professional Sport Rehab in Saskatoon, SK for offering up their clinic as the course venue. I hope all that attended took away some great new skills to incorporate into their daily work.

The other exciting piece of news for the SATA is that we launched a new website in July which can be found at <http://www.saskathletictherapy.ca>. Thank you to Trevor Len and the University of Regina for making it possible to have a new website. At this point I want to send out a reminder to our members that any news or pictures about their athletic therapy lives should be emailed to Trevor at trevor.len@uregina.ca so that it can be included on the website.

Sincerely,

Kari Hiebert, CAT(C), RN
SATA President